

Sex and the Vatican City

Or The Road to Happy Sex

People want to be healthy and happy

But how do we achieve this?

Who or what will provide the answer?

The following talk presents scientific evidence confirming the teachings of the Catholic Church and revealing the false promises of happiness through technological birth control and “aggressive” family planning.

Let's consider...

...7 popular misconceptions of modern sexual wisdom...

...and the unstated popular dogma:

The Roman Catholic Church is wrong.

**Let's examine some popular
misconceptions...**

Misconception # 1

The world is overpopulated and aggressive contraception is necessary to prevent widespread famine.

- Thomas Malthus, An Essay on the Principal of Population, 1798

“...the power of population is indefinitely greater than the power in the earth to produce subsistence for man. Population, when unchecked, increases in a geometrical ratio.”

- Paul Ehrlich, The Population Bomb, 1968

“The battle to feed all of humanity is over.”

- Our current dogma

But is the dogma correct?

WORLD TOTAL GRAINS MILLIONS OF METRIC TONS/HECTARES

<i>Crop Year</i>	<i>Area Harvested</i>	<i>Yield</i>	<i>Production</i>
1972/73	661	1.73	1141
2004/05	518	3.1	1593

Texas 1,200 SQ feet 6.5 billion

So what?

Low birth rates threaten population stability.

2.1 live births per female to maintain a stable population.

Some current birth rates:

Italy	1.3
Iran	1.9
Ireland	1.9
Germany	1.4
Russia	1.4
USA	2.1

Population Research Institute

If this trend continues, world population will be in **free fall** by **2050**.

Again, so what? So, collapse of cultures...

Number of people Europe has to "import" by 2020 to maintain its population and workforce:

650 Million

Andrew Pollard, Director EMP
Intelligence Services, Demographer

Modern colonialism: plundering human resources

Brain draining the doctors, nurses, educated classes from:

Pakistan, India, Africa etc.

Exacerbating poverty, civil strife and instability in the 3rd world

...and collapse of social structures

How will “western democracies” support the modern social systems on which we depend?

- Who will pay for your social security?
- Who will pay taxes?
- Who will grow and harvest your food?

Interesting economics:

- Cost of raising a child (for 20 years) in 2005 **\$200,000**
- Future earnings of that child (2025 to 2070) **\$4,000,000**

This is a big deal!

Many European governments are enacting laws to **tax childless couples** and **pay couples to procreate**.

- The Russian government is giving people paid days off to procreate.
- Spain just approved a plan to pay parents \$4000 for their first baby and \$5200 for every baby born to a family with 3 or more children.

Interestingly, Julius Caesar attempted to reverse the exact same problem in the last years of the first century B.C...he was unsuccessful.

Will Durant, *The Story of Civilization*, Volume 3

There *is* a population problem,
but it's an...

....implosion...

...not explosion.

Misconception # 2

The Vatican is worsening the AIDS crisis in Africa and the developing world because of its prohibition on the use of condoms.

The Pope is a criminal.

The British *New Statesman*: 'Pope John Paul II helped *keep the continent of Africa disease-ridden...*'

Guardian's Polly Toynbee describing the Pope as 'a *man whose edict killed millions*'

Gay and human rights activist Peter Tatchell, of OutRage!, said, 'Millions of people in developing countries are orphans, having lost their parents to AIDS because of the *Pope's anti-condom dogma.*'

In reality...

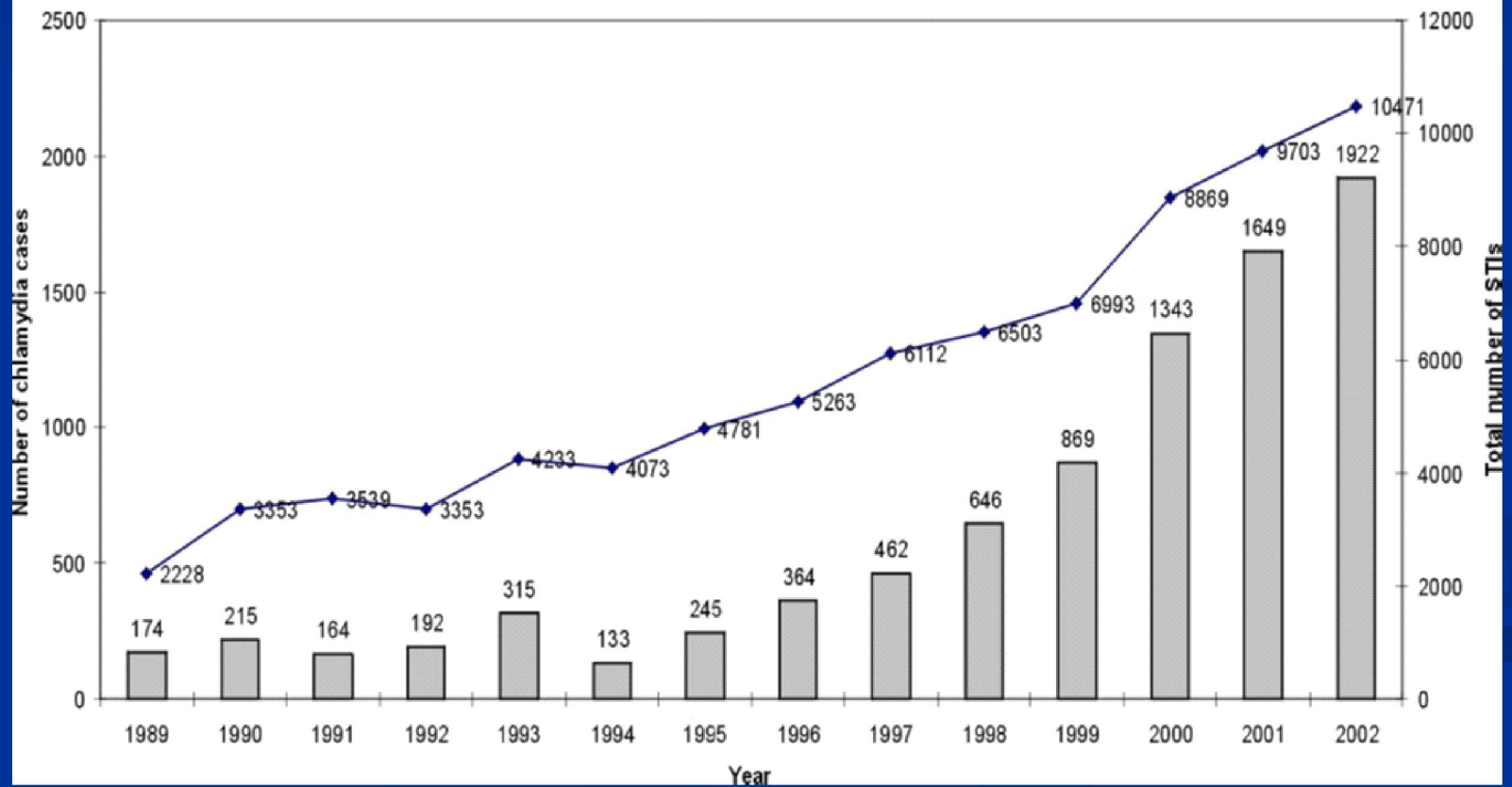
Increase condoms = Increase STD/HIV

Let's look at the Irish example

- 1985 condoms available in chemists shops
- 1993 condoms widely available i.e.. toilets, pubs, shops

STD rates in Ireland 1989-2002

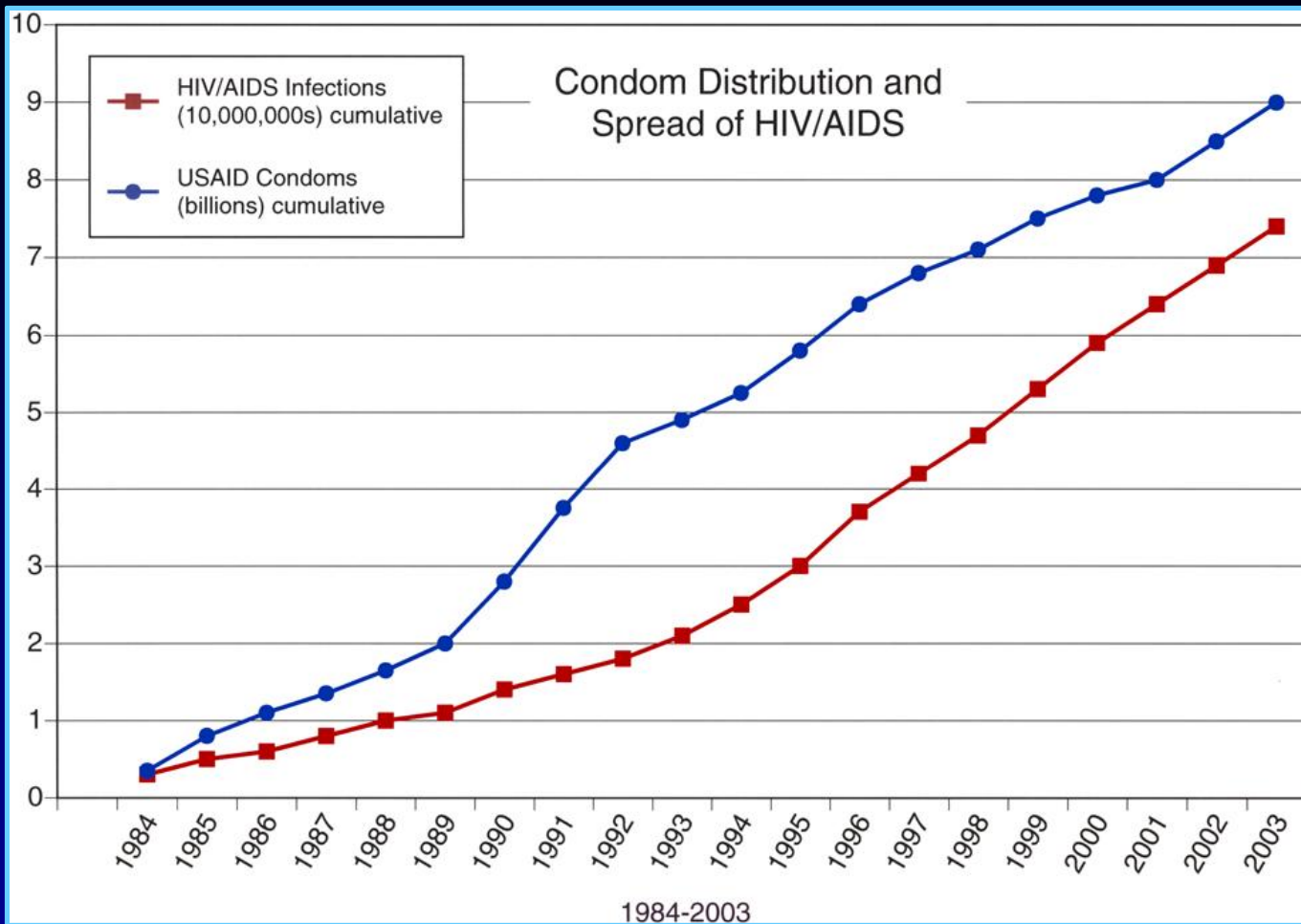
Number of notified Chlamydia trachomatis cases and total number of notified sexually transmitted infections in Ireland from 1989 to 2002



“Yes, but that is just one example.”

But consider this graph illustrating condom use and HIV infections world wide.





The global increase in HIV/AIDS infections compared to the number of condoms distributed abroad by the United States Agency for International Development (USAID).

Chastity, not condoms, prevent the spread of AIDS

The *only* African success story: Uganda

ABC Program

- A=Abstinence until marriage
- B=Be faithful to your partner
- C=Condom use if unable to abstain or be faithful

You mean people can...gulp...abstain?

Apparently they can in Uganda; consider the following:

From 1989 to 1995

- sexual activity in unmarried young men: **60% to 23%**
- sexual activity in unmarried women : **53% to 16%**

Joint United Nations Program on HIV/AIDS (UNAIDS). "Uganda: Epidemiological Fact Sheet on HIV/AIDS and Sexually Transmitted Diseases," 2000.

Zimbabwe, Botswana, South Africa and Kenya

- *highest rate of condom availability*
- *world's highest AIDS rate*

Joint United Nations program on HIV/AIDS (UNAIDS). "AIDS Epidemic Update, December 2005."

Catholicism and rate of HIV infection

Country	% Catholic	% HIV-infected
Botswana	4%	37%
South Africa	6%	22%
Uganda	43%	4%

From: World Health Organization, Epidemiological Fact Sheets and The Hierarchy of the Catholic Church

“But this data is probably just related to Uganda’s unique situation...”

“...besides, condom use was the real reason for the success.”

Consider the example of the Philippines and Thailand:

1987 AIDS Cases

- Thailand 112
- Philippines 135

In 1991, World Health Organization (WHO) predicts that by 1997:

- Thailand 70,000 AIDS deaths
- Philippines 85,000 AIDS deaths

In 1991, both nations took concrete and comprehensive actions to halt the spread of the HIV virus.

Thailand

The Thai Minister of Health enacted:

- 100% Condom Use Program
- Brothels must supply condoms
- Condom vending machines in all shops, bars, restaurants, etc.

Philippines

The Philippine government enacted:

- AIDS-Free Philippines Program
- Developed by Dr. Rene Bullecer and authorized by the Catholic Bishops Conference of the Philippines
- Abstinence and chastity

Condoms vs. Abstinence

Parameter	Thailand	Philippines
Adults/Children Living with HIV	570,000	9,000
AIDS Death by 2003	58,000	500
Population	62,833,000	79,999,000
HIV Infection Rates per Million	9,072	113
<i>Stats from joint United Nations program on HIV/AIDS (UNAIDS)</i>		
1991 WHO fatality predictions:	70,000	85,000

Condoms vs. Chastity

Thai infection rate: **80 times** the Filipino rate

USAID conclusion:

- youth have a very high rate of abstinence and married people largely remained faithful to their spouses in the Philippines
- "the Catholic Church must be credited with influencing sexual behavior."

C. Hermann, E. C. Green, J. Chin, M. Taguivalo, and C. Cortez. "Evaluation of the Philippines AIDS Surveillance and Education Project." USAID/Philippines, May 8, 2001.

Why don't condoms offer greater protection?

- 1.0-3.6% Breakage/slippage
- 6-10 step process for proper use
- offers denial of risk, there by encouraging risky behavior

More evidence about condom efficacy...

'NIH Condom Effectiveness Workshop Panel Report'

Conclusions:

Risk Reduction for 8 STDs

- HIV 85%
- Gonorrhea Male reduced/Female inconclusive
- Chlamydia Inconclusive
- Trichomoniasis Inconclusive
- Herpes Inconclusive
- Chancroid Inconclusive
- Syphilis Inconclusive
- HPV Inconclusive

*National Institute of Allergy and Infectious Diseases, National Institutes of Health,
Department of Health and Human Services, National Institute of Allergy and Infectious
Diseases July 20, 2001*

'Condom Effectiveness: Factors That Influence Risk Reduction'

“In the absence of compelling evidence of condom effectiveness, young people should be strongly encouraged and counselled to delay the initiation of sexual activity.”

“Patients using condoms should be provided with information to explain the difference between absolute protection (which *prevents* infection) and partial protection (which *reduces the risk* of infection). *Condom users must know that condoms, at best, reduce their risk of some STDs and may or may not reduce the risk of other STDs.*”

J. THOMAS FITCH, MD, CURTIS STINE, MD, W. DAVID HAGER, MD, JOSHUA MANN, MD, MPH,
MARY B. ADAM, MD, AND JOE MCILHANEY, MD, *The American Sexually Transmitted Disease
Assoc. Journal ; March, 2002*

Forget Vatican Roulette, this is Russian Roulette

"Professionals and public alike have been misled into believing that sex with a condom is safe... considering the 10% pregnancy rate with the use of condoms, this creates a dangerous false sense of security. *We consider it irresponsible to suggest to anyone that condoms are entirely safe... advising persons that it is safe to have sex with condoms is false, provides an erroneous sense of security, and can kill partners.*"

Journal of Sex and Marital Therapy, fall 1986, page 164.

"There is no such thing as safe sex for someone contemplating sex with an HIV-positive person."

Dr. Michael Gottlieb, the scientist who made the original report to the Center for disease control on gay-related immunodeficiency (GRID), which was later relabeled AIDS.

"Condom Failure and Transmission of HIV Infection." CMAC Bulletin, October 1992, page 19.

Given this failure rate...

Church's prohibition of condoms = **common sense**

Misconception #3

The prohibition on sex before marriage and cohabitation is medieval. Sexual compatibility is a prerequisite to a happy marriage.

Obviously, you want to “take ‘em for a test drive”.

But what does social science tell us?

Facts vs “Friends”

Cohabiting couples vs. married:

- more likely to get **divorced**
- **lower quality** marriages when followed by cohabitation

“Cohabitation Versus Marriage: A Comparison of Relationship Quality,” Susan L Brown and Alan Booth, *Journal of Marriage and the Family* (August 1996)

- more likely to be **depressed**
- perceive their relationships as **less stable** than married couples.

“The Effect of Union Type on Psychological Well-Being: Depression Among Cohabitators versus Marrieds,” Susan L. Brown, *Journal of Health and Social Behavior* (Sept 2000)

- **lower commitment** to the relationship
- **lower levels of happiness**
- **worse relationships** with their parents

“A Comparison of Marriages and Cohabiting Relationships,” Steven L. Nock, *Journal of Family Issues* (January 1995)

...and more facts

- higher rates of **assault**
- and the **violence is more severe**, than among dating or married couples.

Studies in Victimology, Psychology Today, Family Relations, *Journal of Family Violence*.

- **cohabiting boyfriend** is the most serious risk factor for **child abuse**.
- children are **safest** living with their **natural parents, married to each other**

A Study of the relationship between child abuse and family type, Robert Whelan (London: Family Education Trust, 1994)

How's your sex life?

According to several large-scale national studies, **married people have both more and better sex than do their unmarried counterparts**. Not only do they have sex more often but they enjoy it more, both physically and emotionally.

Linda J. Waite and Kara Joyner, "Emotional and Physical Satisfaction with Sex in Married, Cohabiting, and Dating Sexual Unions: Do Men and Women Differ?" Pp. 239-269 in E. O. Laumann and R. T. Michael, eds., Sex, Love, and Health in America (Chicago, IL: University of Chicago Press, 2001); Edward O. Laumann, J. H. Gagnon, R. T. Michael and S. Michaels, The Social Organization of Sexuality: Sexual Practices in the United States (Chicago, IL: University of Chicago Press, 1994)

Misconception # 4

Contraception reduces abortion.

The pro-choice advocates:

The majority of women who abort their babies *were using contraception when they became pregnant.*

—*Alan Guttmacher Institute, research arm of Planned Parenthood*

"At the risk of being repetitious, I would remind the group that we have found the *highest frequency of induced abortions in the group which, in general, most frequently uses contraception.*"

—*Entomologist/sexologist Alfred Kinsey, 1955*

What abortionists have to say

"As people turn to contraception, *there will be a rise, not a fall, in the abortion rate.*"

—*Abortionist Dr. Malcolm Potts, 1976*

"There is overwhelming evidence that, contrary to what you might expect, *the provision of contraception leads to an increase in the abortion rate.*"

—*Abortionist Dr. Judith Bury, 1981*

Evidence from pro-choice advocates

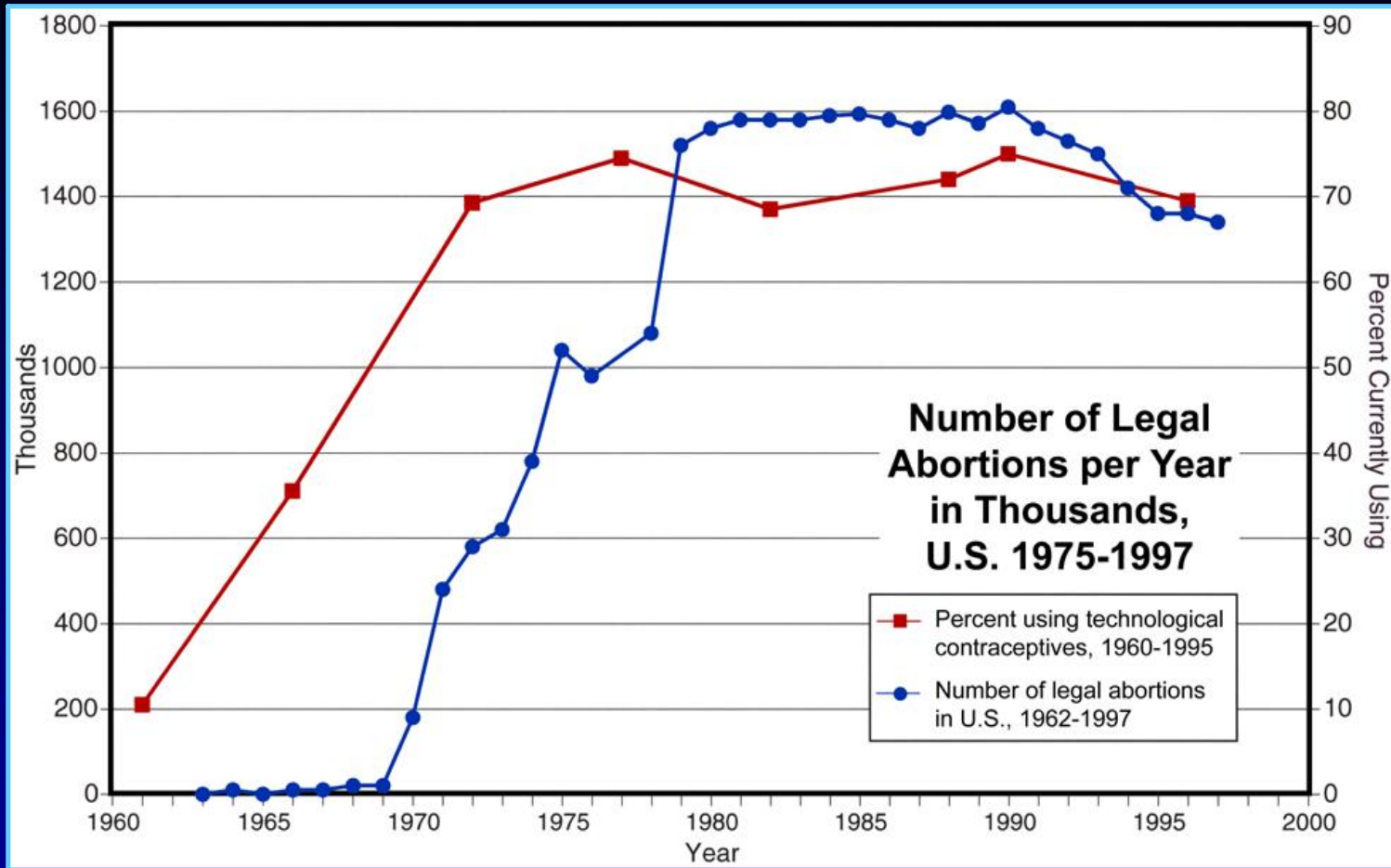
“The experts had estimated that we would see a drop by up to half in the rates of unintended pregnancy and the rates of abortion. And in fact in the real world we're not seeing that.” *Kirsten Moore, President and CEO of Reproductive Health Technologies Project, quoted in A.W. Schachter, "Plan B: What Science Can't Tell Us," New York Post Online Edition, Aug. 11, 2006.*

...no correlation between better access to contraception and lower abortion rates.

“Contraception Counts” Report, Allan Guttmacher Institute (2006).

“However, to date, no study has shown that increased access to this method reduces unintended pregnancy or abortion rates on a population level.”

*Population Effect of Increased Access to Emergency Contraceptive Pills
A Systematic Review, Elizabeth G. Raymond, MD, MPH, James Trussell, PhD, and Chelsea B. Polis; ACOG 1/2007*



The number of legal abortions per year in the United States and the percentage of women age 15-44 using technological contraceptives, 1960-1995.

Misconception # 5

Modern birth control is nearly 100% effective.

Contraceptive failure rates

Implant/shot: 2-3%

The Pill: 8%

Condom: 14%

Diaphragm: 12%

Spermicide: 26%

Pill <20, Cohabiting: 31%

Figures are even higher for unmarried people.

—Fam Plann Perspect. 1999 MarApr;31(2):5663. Fu H, Darroch JE, Haas T, Ranjit N. Alan Guttmacher Institute (AGI), New York, USA.

Ovulation Method Natural Family Planning: **3%**

Journal of Reproductive Medicine, June 1998

Consider these unsettling statistics

- *2/3 of unplanned pregnancies* occur among women who described themselves as *using technological birth control*

Human Reproduction., May 2003

- *1/2 unplanned pregnancies* occur among women using *hormonal* contraceptives

Cortland Forum, June 2005

Misconception #6

Technological birth control is safe and healthy for women.

Some inconvenient truths....

Oral contraceptives are carcinogenic

- World Health Organization July 29, 2005.
- *increases pre-menopausal breast cancer risk by 44 percent* when used prior to first full-term pregnancy
Kahlenborn, C., *Mayo Clinic Proceedings*, October 2006; vol 81: pp 1290-1302.
- Breast Cancer rate 1960 = 1 in 20 women
- Breast Cancer rate 2004 = 1 in 7 women

Women deserve better than this...

Increased

- Pulmonary embolism
- Stroke
- Paralysis
- Heart attack
- Severe Abdominal Pain
- Increased risk of Chlamydia and gonorrhea infection

The Lancet, Oct 12, 1966; *The Lancet*, Nov 29, 1997

...or this

- *Depression*
- *weight gain*
- *mood swings*
- *breast pain*
- *migraine headaches*
- *nausea*
- *abnormal bleeding*

The Physicians Desk reference

Permanent side effects

Permanent decreased sex drive due to:

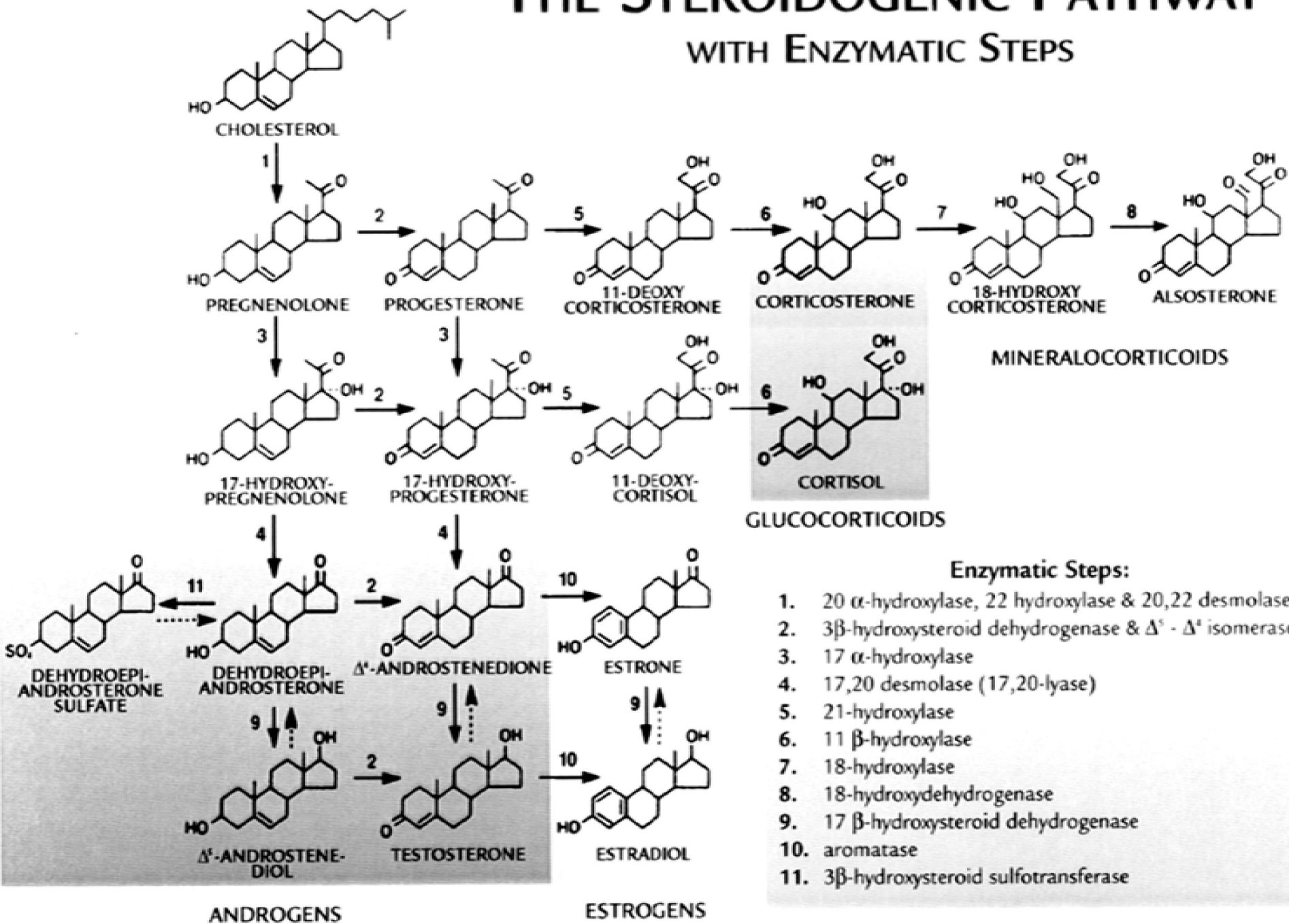
- Increased SHBG
- Decreased testosterone
- Low libido (decreased desire, arousal, lubrication; increased pain)

Panzer, et al., The Journal of Sexual Medicine, January 2006

**Hormones are different from other
drugs**

THE STEROIDOGENIC PATHWAY

WITH ENZYMATIC STEPS



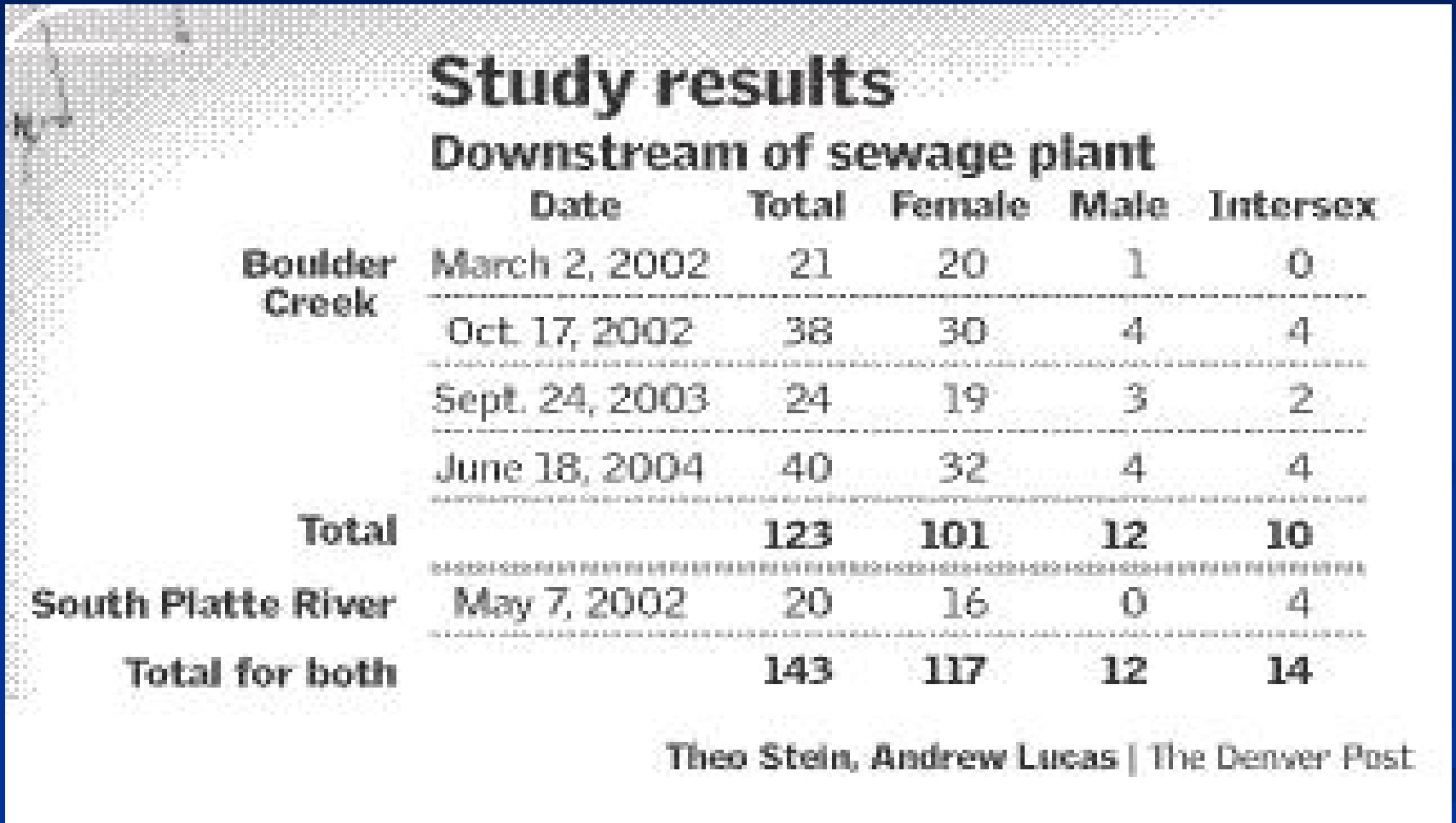
Environmental toxin

From the EPA

- *feminization of many fish populations*
- *severely reduced reproduction*
- *attributed to human birth control pill waste* passing through water treatment plants.

“Medicines and the Environment: Legal and Regulatory Storms Ahead?” George Mannina, Jr. March 24, 2006.

Boulder Creek



2005 biologists John Woodling and David Norris carried out a study of fish in Colorado's Boulder Creek.

Pheromone disruption

Lionel Tiger, PhD, Charles Darwin Professor of Anthropology at Rutgers University.

Tubal Ligation

Women status post tubal:

- Increased psychological stress interfering with sex
- increased visits to a physician for sexual problems

Warehime M, Bass L, Pedulla D: Effects of Tubal Ligation Among American Women.
Journal Reproductive Medicine, 2007 52:263-272

Induced Abortion

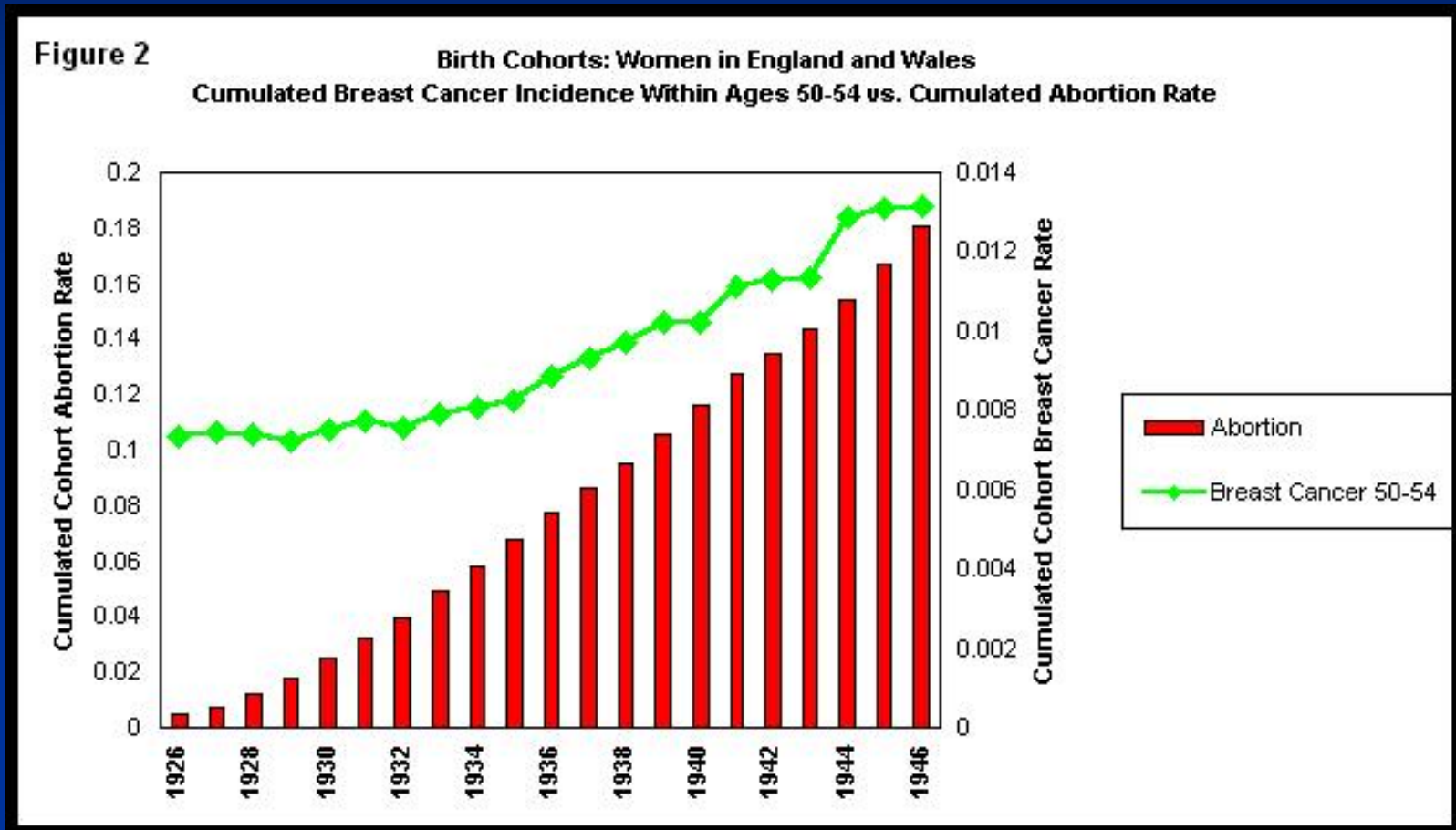
Abortion negates the protective effect of First Full Term Pregnancy:

- landmark 1970 Harvard study
- the earlier a woman has her first full term pregnancy (FFTP)
- the lower her risk for breast cancer

MacMahon et al. (1970) Bulletin of the World Health Organization 43:209-21

Induced abortion independent risk for breast cancer

Legally Induced Abortion found to be the best predictor of British Breast Cancer Trends



Patrick Carroll, Director of Research, Pension and Population Research Institute
British Journal of Cancer, Vol 91 Supplement 1 July 2004 page S24
Presented at the British Cancer Research Meeting 2004 in Manchester

Why?

Breast tissue prior to first full term pregnancy

- Type 1 and 2 lobules (<32 weeks)—more vulnerable
- Type 3 and 4 lobules (>32 weeks)---less vulnerable

Misconception # 7

Contraception will make our marriage better.

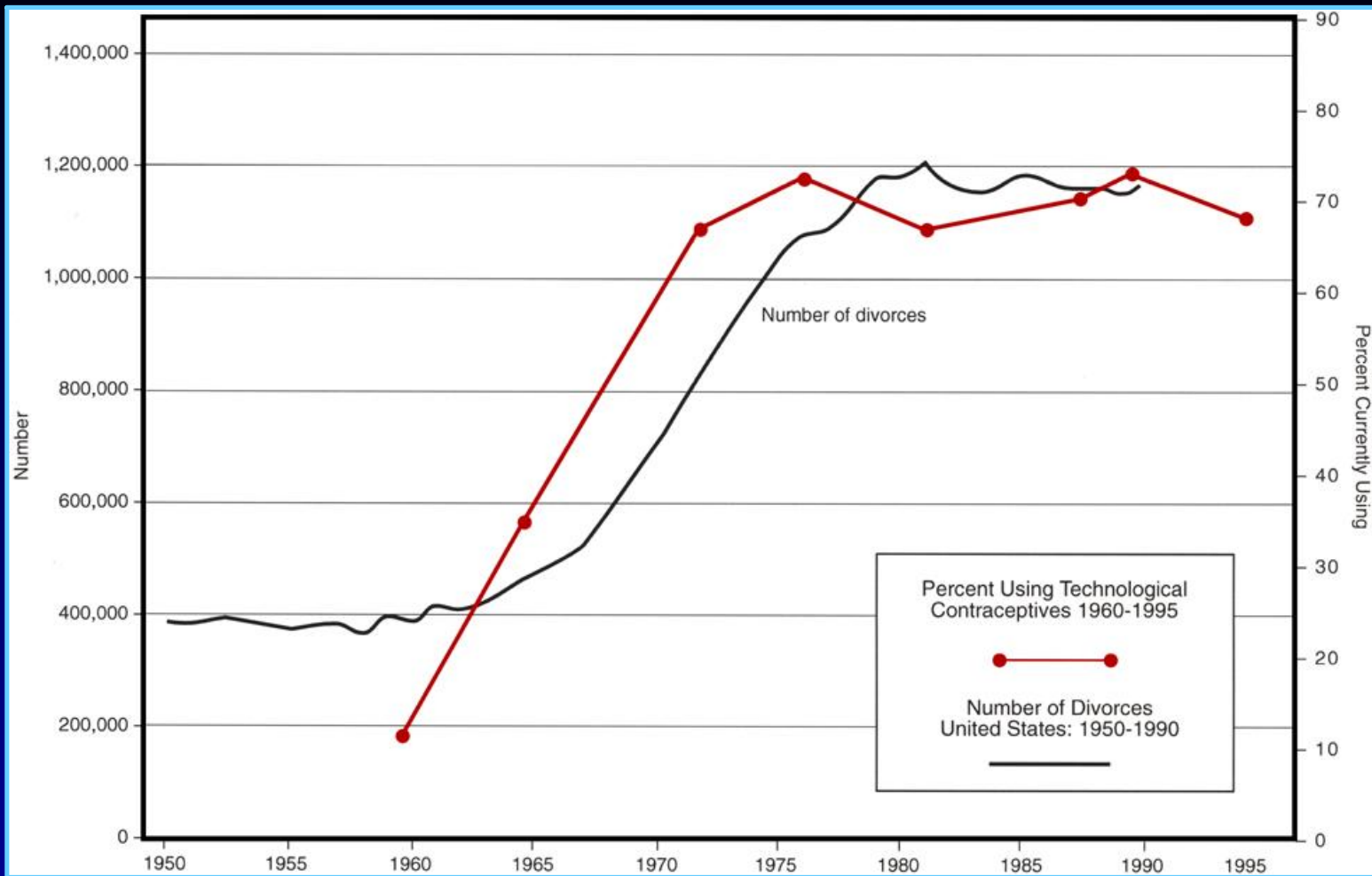
- *half of the increase in divorce* from 1965 to 1976 can be attributed to the “*unexpected nature of the contraceptive revolution*”

University of Chicago Professor Robert Michael

Consequences of the Contraceptive revolution

- *sexual promiscuity*
- *divorce*
- *crime*
- *“poisoned relations”*
- *“the poor have paid the heaviest price”*

Nobel-prize-winning economist George Akerlof



The percentage of women aged 15 to 45 using technological forms of contraceptives, 1960-1995, and the number of divorces in the United States, 1950-1990.

In conclusion...

The world is NOT in danger of overpopulation but the opposite.

Condoms are NOT the answer to the AIDS crisis.

Cohabitation leads to increased human suffering NOT happiness.

Contraception does NOT reduce abortion but increases it.

Modern contraception is NOT 100% effective.

Modern contraception is NOT safe or healthy for women.

Contraception does NOT improve one's sex life or marriage.

The Church's social teaching is vindicated by the scientific evidence and offers pragmatic "advice" in achieving human happiness.